# Community Resources

# **Parenting Resources**

## Universal Parenting Place (baptistonline.org/upp/)

UPP offers individual and family counseling, parenting groups, resources, and referrals to help families deal with adverse experiences such as divorce, depression, or the arrival of a new baby.

(901)227-9558

## Youth Villages (youthvillages.org)

This non-profit helps emotionally- and behaviorally-troubled children and their families by providing in-home or residential treatment.

(901)252-7600 5515 Shelby Oaks Dr OR (901)320-6100 2714 Union Ave Ext, Suite 400

# **Mental Health Support**

## National Alliance on Mental Health (nami-memphis.org)

NAMI provides support, information, and education to individuals whose loved ones deal with mental illness.

(901)725-0305

5830 Mt. Moriah Rd, Suite 6 info@nami-memphis.org

#### Case Management, Inc. (www.cmiofmemphis.org/)

This organization provides education, referrals, and support for adults, children, and families dealing with mental illness.

(901)821-5600 3171 Directors Row info@cmiofmemphis.org

# **Health Care**

## Church Health Center (churchhealth.org)

Church Health Center provides a variety of health services on a sliding income-based pay scale for working, uninsured people and their families.

(901)272-0003

1350 Concourse Ave, Suite 142

# **Education and Life Skills**

#### DeNeuville Learning Center (deneuvillecenter.org)

DLC provides educational programs and career counseling for women over age 18.

> (901)726-5902 190 S Cooper St deneuville@deneuvillecenter.org

# **Housing Services**

## Genesis Homeless Services (ccwtn.org/programs/)

This organization provides services to individuals with diagnosed mental health, drug, or alcohol issues.

(901)722-4729

1325 Jefferson Ave

#### Agape Child and Family Services (agapemeanslove.org)

This ministry aims to keep children in healthy homes through homeless services, counseling for individuals and families, and adoption/foster care.

> (901)323-3600 3160 Directors Row info@agapemeanslove.org

#### **Memphis Union Mission (memphisunionmission.org)**

This organization provides education, support, and emergency housing opportunities for families with children.

(901)526-8403

Locations throughout Memphis

# Legal Help

## Memphis Area Legal Services (malsi.org)

This organization provides civil legal representation to individuals with a low income or limited assets.

(866)361-9001

Locations in Memphis and in Covington, TN

#### The Exchange Club (exchangeclub.net)

This organization provides individual and family counseling, education, visitation services, court-appointed special advocates, and domestic violence assessments.

(901)276-2200 2180 Union Ave info@exchangeclub.net

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